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November 2010

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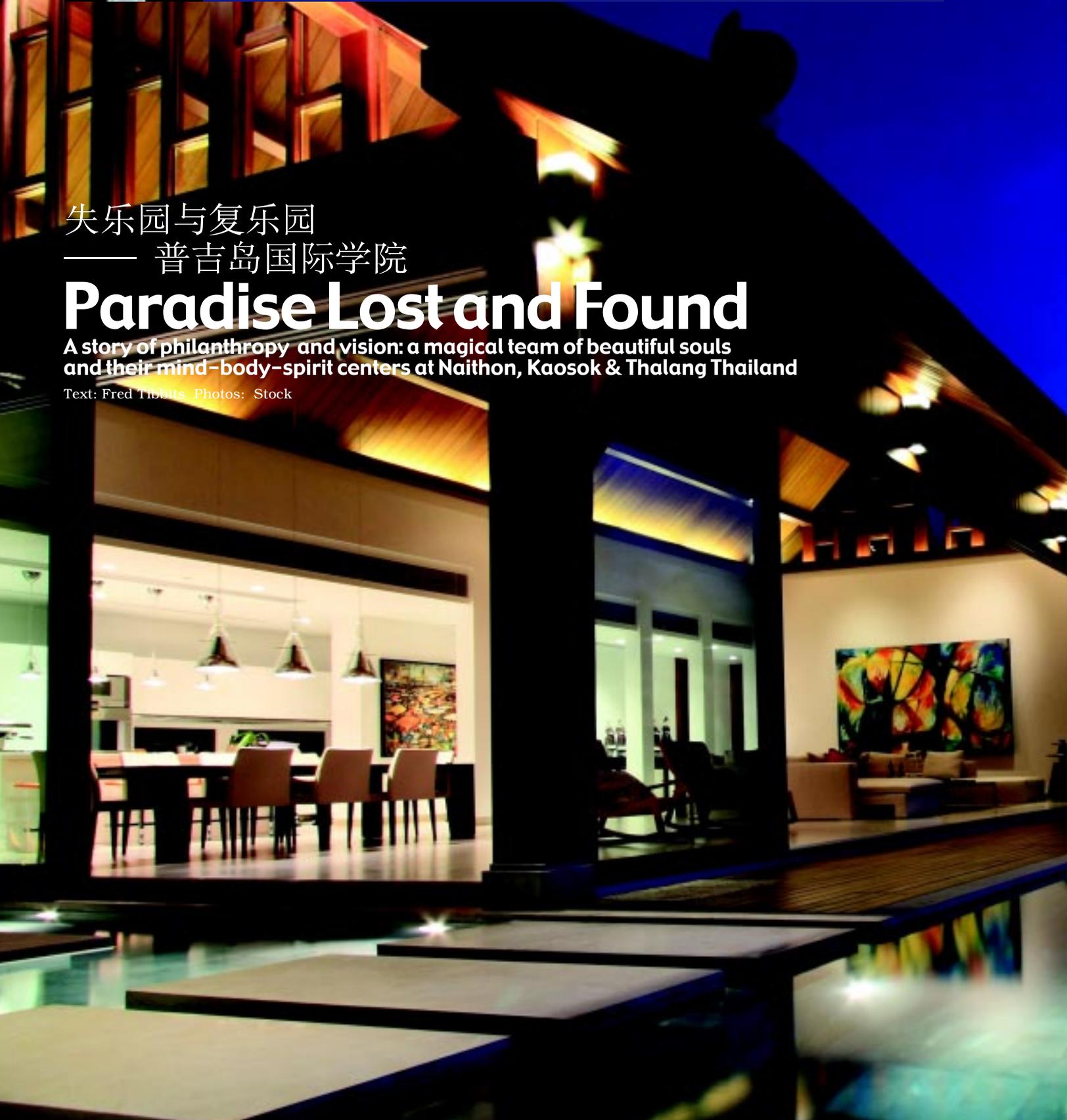
田博华, 享誉全球的葡萄酒专家, 如今常驻于纽约或曼谷。他为众多的连锁酒店及餐厅担当顾问工作, 发表过大量的有关葡萄酒的著作和评论。
Fred Tibbitts Jr. is a global wine consultant based in New York and Bangkok. He assists some of the top hotel and restaurant chains in the U.S. and Asia Pacific developing their wine-by-the-glass programs, leading educational trips to wine producing countries and hosting VIP industry dinners at New York and across Asia.

失乐园与复乐园 —— 普吉岛国际学院

Paradise Lost and Found

A story of philanthropy and vision: a magical team of beautiful souls and their mind-body-spirit centers at Naithon, Kaosok & Thalang Thailand

Text: Fred Tibbitts Photos: Stock





每个人都有关于天堂的想象。对于一些人来说，天堂是一个可以企及的地方；但对于另外一些人来说，它是一个遥不可及的地方，甚至远过时间的起点，它是诸神之所。

所以，只要我们抓住了轮回的巨轮，从出生至死，我们就不断地再重建我们的失去的乐园。倘若有一日，终于我们找回我们的失乐园，它将在我们的心中，在我们的灵魂中永生。

现在就有一处这样的地方，它坐落在泰国的Naithon、Kaosok和Thalang一带，古老的意蕴结合着丰富的自然资源，倘若您在这停留一日，或停留一世，您的思想、身体和灵魂，将得到修养。

对于那些梦想家、他的家人以及他幸运的客人来说，Naithon是一个私密的圣地和家园。造访与此，仿若是对他非凡的梦想的一瞥。而倘若您想修身养性，Kaosok国家公园是一个宁静的归处。在郁郁葱葱的热带雨林中，您将收揽满目的有机庄园的景色，园中种满了各式水果、蔬菜、草药和鲜花。近于原始的Kaosok的国家公园，无疑是那些丛林生命繁衍的地方，“呱呱”的动物求偶的叫声也将持续不断地从附近传来。

这如复乐园般的地方就是普吉岛国际学院，它坐落在泰国的Thalang，这是个特别的学校。由三个中心构成：学校、运动

休闲俱乐部和一个思想中心，旨在让前来的研习者，具备智力、身体、创意和思想上的潜力。学院首席运营官 Nicholas Seaver，延续着慈善创始者的想法，并很好地加入了自己的见解，使这一切均被很好地实现。

普吉岛国际学院是一个包括8个年级的国际学校（到2012，是12个年级），希望能促进轨迹教育和可持续性的未来。另外，普吉岛国际学院的儿童计划，也同样接收年龄从18个月到6岁的儿童。

而普吉岛国际学院的运动休闲俱乐部，则提供先进的技术和师资水平，来培养学生在运动方面的出色表现和艺术方面的创造力，关注个人健康，并倡导一种全面发展的方式，当然对于团体参与，它也同样很关注。

普吉岛国际学院的思想中心，通过训练在培养认知和情感方面的平衡，借鉴当代心理学、神经系统科学和古代沉思实践的同时，以周末研讨会等方式，来激发人类思维的潜能。而更让人惊叹的是，是世界著名的冥思实践和理论方面的泰斗Alan Wallace，就长期以普吉岛国际学院为其理论基地。除此之外，Alan的助手Michelle Limantour和其他精神导师们也在此与其共事，并分享他们的智慧。

就让这个在Kaosok和Thalang的天堂成为您的复乐园吧，在这寻求您过往的失乐园。



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普吉岛国际学院的思想中心大厅入口
PIA Mind Centre Grand Entrance

Everyone has his vision of paradise. For some paradise is a place known to man...for others it is a distant place far, far away known from the beginning of time to the gods and all who would become gods. We come to this life with the precious memory from our past of paradise found and on our passing, paradise lost.

And so, for as long as we are caught up in the great wheel of Samsara, it is repeatedly our lifelong ambition from our moment of birth to our moment of death to be reunited with our paradise lost. And if we ever reach our paradise lost, it is a moment that lives in our hearts and our souls forever and ever more.

Now there is such a place, born of this dimension, nestled lovingly amid the spectacular flora and fauna at Naithon, Khao Sok and Thalang, Thailand. They are the vision of a very old soul, no doubt a former inhabitant of Shangri-La with abundant earthly resources, who has established these realized communities of loving souls, united in purpose to nourish the mind, body and soul of all who come to stay for a day or an eternity.

Naithon is the private sanctuary of the founding visionary and the home to him and his family as well as his very fortunate guests, who are afforded over the course of their visits, a fleeting glimpse of all that is his remarkable dream brought to life. Khao Sok is a

place of refuge and tranquility for all who would seek to renew and refresh amid a lush, semi-tropical rainforest with organic gardens of fruits, vegetables, herbs and flowers. Adjacent is the pristine Khao Sok National Park, home to every form of jungle life, but perhaps most eloquently described day and night by the persistent, passionate, emphatic yet patient cries of "pua...pua...pua" of the close-by but unseen gibbons (or "chane" in Thai) as they summon their mates.

Thalang is home to the Phuket International Academy or "PIA", a unique learning destination comprised of three centres: A Day School, a Sports & Leisure Club and a Mind Centre that seek to refresh and celebrate the intellectual, physical, creative and spiritual potential of all who come to stay. Chief Operating Officer Nicholas Seaver is continuing the original vision of the philanthropist founder while seamlessly contributing his own vision, building on all that has already been achieved.

The Phuket International Academy Day School or "PIADS" is a Nursery to Grade 8 (and by 2012, up to Grade 12) international school, aspiring to become a three programme International Baccalaureate World School, promoting an international education and a sustainable future. In addition, PIADS welcomes younger chil-



dren into the Early Childhood Programme (ages 18 months - 6 years).

The Phuket International Academy Sports and Leisure Club or "PIASLC" provides state-of-the-art facilities and expertise to develop elite performance in sports, foster creativity in the arts, and promote a balanced approach to personal wellness as well as sustaining an outstanding focus for community recreational involvement.

The Phuket International Academy Mind Centre or "PIAMC" explores the potential of the human mind through training in the cultivation of cognitive and emotional balance, drawing on contemporary psychology, neuroscience and ancient Asian contemplative practices, delivered through residential retreats and weekend seminars. Most significantly, PIA is now the base for most of the year of Dr. B. Alan Wallace, world-renowned scholar-teacher-mentor on contemplative practice and theory, who whenever in residence, leads retreats of varying lengths, including individual meditation instruction for all who participate. Alan is assisted by Michelle Limantour, who works with him and all of the other spiritual teachers who come to the PIA Mind Centre to share their wisdom.



普吉岛的 PIA-Day 国际学校
PIA-Day-School-International-School-in-Phuket

Let this paradise at Khao Sok and Thalang be your paradise found, until it's your time to pass and, once again, seek your paradise lost. Namaste from Naithon, **Red Fred** in residence, over and out. ★

Contact information:
www.phuketinternatioanlacademy.com