

New Western Cuisine



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Global warming, turning the weather cycles upside down, where there was once abundant rain, now there is draught; where there was once little rain, now there are floods....the Maldives coming increasingly under water, having to relocate their country to either India, Sri Lanka or Australia by 2055 or sooner. Food riots over the doubling and tripling of basic cooking necessities and diet essentials for much of the world's population, such as cooking oils, sugar, salt, rice, wheat, flour, grains, and fresh fruits and vegetables; famine, pestilence, overpopulation; riots of the oppressed working class due to high unemployment and minimal or non-existent government welfare programs to address their minimum needs for life, leading to the overthrow of regimes from Africa and the Middle East to Latin America, to Europe, to Asia with the heads of state fleeing to safe haven countries with their stolen gold, diamonds and offshore secret bank accounts with billions of plundered funds, followed by prison riots, freeing thousands of criminals that then prey on the middle and upper classes in their homes and businesses; states of emergency declared in these out-of-control places to no avail; anarchy and worse.

Pollution of every kind....mankind has made toxic the streams, rivers, lakes, oceans, the land, the skies; on New Year's Day of 2011, millions of fish washed-up on beaches and thousands of birds fell from the skies around the world without explanation. Violent earthquakes, such as the 11 March 2011 record 9.0 magnitude earthquake (The largest on record over the 140 years of recordings in Japan and the fifth largest recorded earthquake in global history) that hit Japan and the ensuing tsunami and landslides that collectively devastated the northern coast of Japan and caused the shut-down of five of the country's eleven nuclear power plants, some of which had become unstable with the loss of the ability to cool the nuclear cores, nearly resulting in meltdowns with unimaginable consequences for those living nearby and beyond; volcanic eruptions halting airline traffic over significant regions; extreme poverty, endemic poverty, disease, health care rationing and no health care; drug wars, human trafficking and slavery for millions of wretched Souls; blood....diamonds, cocoa, coffee, grains and soy; deforestation, ozone depletion, the loss of biodiversity through extinction, over-fishing, whaling "for scientific purposes"; the hijacking of oil tankers now across the Indian Ocean, armed conflicts, including child soldiers, kidnapped and forced into service to vie for the bounty of Earth's precious resources from aluminum, to copper, to diamonds, to rubies and other precious stones, to silver to gold to platinum.

Political insane furor that drive the unstable to murder their perceived opponents, those who would advocate another political expression; terrorism

in the name of "God"; assignments over the breaking of feudal laws, folkways and mores; threats to a free press around the world by religious extremists; high unemployment; massive cyber attacks on government computer systems, power grids and defense networks. "Dirty bombs" and germ warfare; so environmental warfare; nuclear proliferation, and rogue states threatening to use weapons of mass destruction, believing it will bring them closer to their "God", while annihilating the unfaithful or simply to achieve power and wealth or both; loss of hope for the future; basic education denied to millions; baby girls suffocated at birth in poorer societies; the rich increasingly hoarding from the poor; the loss of family values and impersonalization of communication; millions escaping to virtual online worlds in the clouds, relating more closely to their avatars than their blood relatives and neighbors; feeling more "alive" online than offline.

It has Begun

Many see these global developments as isolated events and stand alone trends; but those who understand the "Big Picture" know that everything is now globally connected and therefore all of these developments and practices are simply different expressions of the same reality: It has begun. Some would prophecy the end will occur in 2012; others see it coming closer to 2020....or even soon beyond. But it has begun and nothing short of Global Enlightenment and Enlightened Action can forestall or alter the outcome. It is all very sobering.

So, what to do? Can each of us contribute to a Global Enlightenment or must the governments of the world ban together to save the planet from oblivion? The answer is both: Each of us must become a warrior in the Final Conflict between Good and Evil; and the governments of the world must as well relinquish their selfish, nationalistic ways and join a New World Order or every one of us faces sure demise, sooner than later. They say "You can't take it with you": No truer words have ever been spoken, yet so many of the peoples of the world who live above subsistence, increasingly focus their energies on acquiring possessions over caring for others and protecting Mother Earth. It is all, all so very connected. Can you feel it? Can you sense it? It is real.

You can feel and sense all that has changed, if you just let-go of

your autonomous "tune-out" defense mechanisms and f-e-e-l the energy that surrounds you. It is like a bath of toxic sludge, choking all in its path....suffocating all that lives and breathes, denying Nature the opportunity to repair her children, her lands and her seas....her global ecosystem. For it is the death of Mother Nature that will seal our fate; the planet will not survive if Mother Nature is vanquished....there will be no second chance: The air that we breathe, the water we drink, the food we eat, the fauna and the flora, the food chains that sustain those who survive by their daily bread, the planet's process of cleansing and renewal....it is all at risk. Too many of our races with dominion over Earth's resources from pole to pole are deaf and dumb as to the tragic impact of their selfish, uncaring ways. Without Global Enlightenment there can be but one result. Without the immediate reversal of the rape and pillage of Mother Earth, it will surely soon be over.

In the global blockbuster sci-fi, Avatar, the humans have devastated Earth beyond repair and it is a toxic, dying place; while "Pandora", a large moon that orbits the planet "Polyphemus" in the Alpha Centauri system, 4.37 light-years from Earth is a Garden of Eden protected and worshiped by the indigenous peoples who inhabit it, the "Na'vi". These humanoid creatures with dominion over Pandora are all that was once our way on planet Earth; but sadly, no more.

I cry a tear for Mother Earth and all the good who live and breathe; and though we will be overcome by our swiftly-approaching fate at the hands of the foolish, selfish, greedy governments, megacorporations and individuals, there can be no doubt, but that the pure of heart will all find a new realm of Eden in another dimension and a new life. Love your neighbor, practice compassion without qualification for all and pay homage to all that is Mother Nature, while there is still clean air, water and nutritious food to finish the day.

This life is not our destiny, but merely a pit stop along the way; a speck of sand on the beach of the Universe; less than a clap of the hands along the way. Sleep well and let the Dream World show you your path: For our dreams are not cinema; they are who we were, who we are, and who we will be. It has begun, but those of pure heart will be reborn where love, compassion and respect for Mother Nature are a way of life.

See you there, no matter your Sentient Being or other reincarnation....be it human, animal, fish, fowl, fauna or flora; inanimate or otherwise, it matters not, for I will know you and pay due respect to the special beauty of each of your hearts. I am **Red Owl**, over & out.