

# New Western Cuisine.



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产品设计

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Relax & Refresh

# Relax with Your Favorite Wine

## 畅饮休闲时光



Photo by Richard Xu

If you're a guy, or you're into "alternate lifestyles", what can be more relaxing than reclining on your favorite, comfy chair or sofa enjoying your favorite pastimes: Women and wine? They just seem to go together so naturally. You love the woman, you love the wine and this is one combination that always spells "party", every time. But just to insure a harmonious experience, better let the decision on the favorite wine be a joint decision, so the satisfaction is guaranteed to be mutual. Of course, you always drink more of what you like, so by all means tune into whatever works for her and after the second or third glass, it'll taste just lovely on your palate, even if it wouldn't have been your first choice, were you the sole judge and jury. Are you with me so far? Great. So much for Psychology 101.

Moving right along, what would a relaxing afternoon or evening of certified passion be without all the bells and whistles? And, believe me, once you're in the groove, you won't even need a checklist as a convenient reminder; it'll just be second nature to you. But being that these are my suggestions, let me give you my check list. (Please see opposite page)

So, there you have it, a winning formula for a very special, relaxing retreat from our programmed, thoughtless existence with your favorite wine and women. Of course, personalities are unique, so know that you need to consider my suggestions in the context of your friend's own personality. If you only receive what she is willing to give, you will never have to worry that you are "over-stepping your welcome". And if your emotions should

happen to get the best of you at any given moment together and she urges you to slow-down or exercise more restraint, simply respond softly and with heart "Thank you"; and mean it from the very depths of your Soul of Souls: For it is the becoming One of two Souls that offers the possibility of a lifelong journey of happiness and joy. The choice is yours to be selfish or selfless: Choose the later and find the love of your life. I am **Red Owl**, over & out.

如果你想体验另一种不同的生活方式，不妨在闲辰光坐在舒适的椅子或是沙发上，一旁是爱侣和葡萄酒。爱相随，酒相伴。还有比这更舒适惬意的生活吗？当然这也是聚会必不可少的要素，为了确保整个活动的顺利进行，葡萄酒的选择最好由大家共同决定，从而使得大家都能满意。当然，你永远会偏爱你喜欢的。所以，一定要选择TA喜欢的。在喝过两、三杯后，即便这不是你的首选，也能感受到舌尖的愉悦。目前为止，大家都能了解我所说的吧，那么心理学初级课到此为止。

一个放松的下午或夜晚怎么能够没有点缀。相信我，一旦进入到最佳状态，一切自然水到渠成，如同你的第二特性一样。以下仅是我的建议，在此与你共享。（见右页）

现在，你有了一个获胜指数较大的模式，当然，人各有不同，在和朋友的相处中可以以我的建议作为参考。如果你收到的就是TA愿意付出的，就不用担心。如果在某个时刻你的情绪表达刚好，她要求你放慢脚步，怀着感激的心态去体验更多的旅途，这意味着一生幸福旅程的开始。无论是自私还是无私，这都将是你的决定。但是如果出自后者，你就会发现生命的真爱。我是**红色猫头鹰**，一直在这里。



Fred Tibbitts, Jr.

Fred Tibbitts, Jr. is the foremost global wine & spirits consultant for National Account chain hotels and restaurants, based at Bangkok and New York. He travels the world annually attending several of the leading wine and spirits expositions, seminars and conferences. He is a writer for industry and entertainment publications in China and the U.S.

常驻在曼谷和纽约的田博华是全球最著名的品酒顾问之一，他为众多的连锁酒店及餐厅提供咨询。还参议过许多国家重要的餐饮会展以及项目。大量相关的著作及评论发表，在业界，一时洛阳纸贵。

## Check List for Optimal Results When Relaxing with Women & Wine 达成须知

### What to Do

### Why

Shower thoroughly & brush your teeth in the morning	Sex is a contact sport
Have her favorite music on the stereo ready to play	Music is a window to the Soul
Dim the lights or let candles adorn the room	It's the romantic thing to do
Have the wine she has requested ready by the recliner* <small>*(Better make it two bottles if this is serious)</small>	Timing is everything
Have the finest dim sum money can buy within reach	The perfect finger foods with most wines
Have a small bowl of rich, chocolate syrup & fresh strawberries and the ready to follow the dim sum	Nothing's better than feeding one another
House Rules: On arrival everyone turns-off his & her PDA's	Incoming calls, texts, twitters & e-mail do nothing to promote a romantic moment
A romantic toast to "Love" in your own words <small>(Smile with sincerity and peer deeply into her eyes)</small>	It's all about Heart, not Brains
Gently take her hand in yours, as though it was the most precious gift of the gods: And say so in your eyes...	The goal is to become One, not a race to copulation: Become One and there is only Love
Always be sure your glasses are filled: Continue toasting	Let the fruit of the vine immerse you as One in Heaven's Bliss, deeper and deeper with each delicious taste, until you arrive at Your Moment
Ask her "What is important to you in life"?	To know her is to love her
Let her ask you the same: If you are sincere, she will ask you	She needs to trust you
If Your Moment has arrived, you will both know it: Kiss her as though it was your first kiss ever and the last kiss you will be allowed forever more and a day in this life	This will decide what follows-For better or worse for the balance of your afternoon or evening together
Your following romantic advances should be patient, not rushed; they should be loving, not lustful; graceful, not awkward; giving, not taking	This will decide what follows on your next date
When it is time for you to part, be it after a few hours or the next morning, open your heart to her: Tell her how you feel about the time you have spent together: Do not ask her for her feelings: If you have followed my advice, she will respond	She needs to know from the heart how you value her after what has or has not transpired, and always remember the beautiful Buddhist proverb "Receive what is given"; for the harmonious flow of life is about receiving, not taking: Takers see only their needs: Receivers ask only what is given

### 完成事项

### 原因

清晨沐浴、刷牙	性是一种身体接触性运动
带好TA最喜欢的音乐	音乐是灵魂的窗户
暗下灯光，让烛光温暖四处	这种简易可行的浪漫一定要做
把她喜欢的葡萄酒放在躺椅边（*准备两瓶比较慎重）	时机就是一切
找到最近的能够买到精致点心的地方	最好的点心搭配最多种类的葡萄酒
准备好点心之后的巧克力糖浆和新鲜草莓	“喂食”是最有情调的事情之一
室内须知：到达房间时，关掉所有的PDA	电话、短信、微博、邮件对于提升浪漫氛围无一利处
用自己的言语发表爱的感言 (真诚的笑容和专注的目光)	言由心生，无需多想
牵起对方的手，宛如世间的宝物。	融为一体，为爱而生。
确保杯中随时有酒	让葡萄酒的醇香带给你如天堂般的祝福，每一次的品尝，感受到的祝福愈加深刻
“什么是你生命中最重要的？”	认识她就是为了爱她
对方会问你同样的问题：如果你真诚的话，TA便会问	TA必须信任你
亲吻TA，如同初吻一样愉悦，最后一个吻一般珍贵。	无论如何，这都是个开始
耐心不要匆忙，心怀感激而不草率从事，给予而不是获取	这将决定你的下一次约会
分别时，告诉TA你的心情，别询问。如果你接受我的建议她会给你回应的。	生命的和谐在于接受，不是要求。要求者只看到他们的需求，接受者只要求被给予的。